# Daily Word

A UNITY PUBLICATION MAY 1949

# Class Thoughts

PEACE . . . In the name of the Lord Jesus Christ we pray for and decree a permanent peace, uniting all the nations of the earth in a league of justice and righteousness, in which the life, liberty, and love of God shall be paramount.

PRAYER FOR WORLD LEADERS: Through the Christ mind you are unified in thought, purpose, and understanding for the good of all humanity.

#### APRIL 20 to MAY 19

ILLUMINATION (11 a. ILLUMINATION (11 a. m.): The Spirit of Christ tri- m.): I have faith in God's

m.): The Spirit of Christ triumphant in me lifts my heart and lights my mind. The way is clear! m.): I have faith in God's omniscient light as the source of my guidance, and I am led aright.

MAY 20 to JUNE 19

PROSPERITY (12 noon): The Spirit of Christ is my fulfillment. His presence and power are at work in my life, and I rejoice in abundance! PROSPERITY (12 noon): I have faith in God's omnipresent substance as the source of my prosperity, and I am enriched.

HEALING (9 p. m.): The Spirit of Christ transfigures my body with renewing, resurrecting life. I am made whole! HEALING (9 p. m.): I have faith in God's omnipotent low as the source of my health, and I am made whole.

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## DAILY WORD

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#### DAILY LESSONS FOR MAY

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### A Letter to God

#### V. M. RHEA

RAYER IS important to me, for it draws me close to God and God close to me. In different experiences at different times I have found various approaches to God the Father helpful. One approach is to write a letter to God.

Have you ever written a letter to God? I first wrote one years ago when I was faced with a very difficult problem, the solution of which called for wisdom, honest evaluation, and the facing of issues. I had been struggling with the problem for a long time when suddenly I remembered reading about a woman who had written down a statement of her problem in the form of a letter to God. Her thought was that in writing it down she would gain a new perspective of it and of her relation to it. She found that even as she wrote she felt better, and the letter brought her a feeling of nearness and dearness to God.

So it was with me. As I wrote I began to set the issues taking form. I saw which portions of my problem were important, which were unimportant. When I finished I had not completely solved the problem, but I was better able to understand it. Within the next three days its solution was revealed to me, and I was given the wisdom to

handle it tactfully and lovingly.

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Another letter I wrote to God was a fear-filled letter. I was deeply concerned about a physical condition I had to meet. One night after everyone else in the house was asleep I sat down and wrote this letter to God. As I wrote I experienced a feeling of release. I felt my mind become relaxed and all tension leave my body. When I finished the letter I knew that all was well with me, and I came through the experience with renewed faith and improved health.

In the fifth month after the United States entered World War II I wrote still another letter to God. While my husband went into the service I was to be left with the care of our son. As I wrote to God about my confusion and uncertainty a feeling of reassurance came to me. After placing the problem in God's hands I was open to guidance and direction, and the way to earn a satisfactory income and to maintain a home for myself and our child was soon made plain to me.

These are but three of the times I have had recourse to writing letters to God. I never doubted their reaching Him; for are not God and I of one mind, one spirit, one faith, one love?

There are persons who will say that writing to God in this manner is in reality simply a method of ordering our thoughts aright, and this is true. Others will say that in placing the problem in God's hands we cease worrying, and in this free and relaxed state of mind we attract our good, and this is also true. I like to consider this communication with God my Father as a high form of prayer, a positive approach to a realization of His presence and power at work in me and in my life and affairs.

No matter how or why the answers to my letters to God come, no matter what makes this particular approach to God workable for me, the greatest blessing I receive is never an outer one but is the renewed knowledge of God's nearness to me and of my dearness to Him.

Perhaps you who read this now may feel that you too would like to write a letter to God. In such a letter it is not necessary to use special words or phrases. It is necessary only to let the needs and desires of your heart find expression. If you have a problem, just setting it down in words may help to clarify your thoughts about it. In this way you will be able to formulate ideas for its solution, you will have an opportunity to weigh all points. Careful consideration of a seeming problem often reveals that there is really no problem at all. What you thought was a problem vanishes into the nothingness from which it sprang. In any event, if you are seeking peace of mind, if

you are hunting happiness, if you must make a decision or a choice, why not write a letter about it to God? He is your loving Father. He understands your heart. He will help, inspire, and bless you. Trust Him, for His will for you is good. A letter to God will help you to feel His love.

Why should I wish to see God better than this day?

I see something of God each hour of the twenty-four, and each moment then,

In the faces of men and women I see God, and in my own face in the glass,

I find letters from God dropped in the street, and every one is sign'd by God's name,

And I leave them where they are, for I know that whereso'er I go,

Others will punctually come for ever and ever.

-Walt Whitman; Leaves of Grass.

# My Prayer ELIZABETH LANDEWEER

Lord, make my mind as clear and cool As waters of a forest pool With herbs of healing by its brink. May all who thirst bend down to drink And be refreshed and whole again, Devoid of heartache and of pain, And free of every weariness. May they rise up with strength to bless Some other heart-nor need to thank The quiet pool from which they drank, Which has so much of God to share That there are untold depths to spare.

## The Master Light

#### WILLIAM A. CLOUGH

N A CLEAR day visitors to the observation tower of the Empire State Building in New York can have a panorama of the whole city and for perhaps fifty miles in every direction. On a hazy day there is almost no view at all.

This is true of any elevation, whether it be a tall building, a mountaintop, or an airplane. The range of view depends on vantage point and atmospheric conditions. Even at best the view is limited. The keenest eye on the clearest day can see but a few miles at most. The horizon finally comes down and shuts out what is beyond.

Powerful telescopes push back the horizon, but they never remove it. The range of vision remains

physical. The lens is limited.

We love views. We want to see a little farther. There is exhilaration and uplift in widening the range. That is why we take the elevator to the observation roof, why we climb the high mountain.

How marvelous then is the realization that we have eyes to behold vistas beyond the mountains and the seas, beyond all obstacles and obstructions! God has given us a range of vision limitless and horizonless.

In his ode "Intimations of Immortality" Wordsworth calls it the "master light of all our seeing."

We might say that each one of us possesses three sets of eyes with which to do our seeing. We have physical eyes, mental eyes, and spiritual eyes. Through our physical eyes we see immediate physical sights. We also see physical sights through our mental eyes. Thought may span continents and oceans and even wide spaces of time. But we look into infinity through the eyes of the spirit.

Though we may be physically sightless and the range of our mental seeing may be limited by lack of learning, all the wonders of God's universe still

remain open to our spiritual vision.

In Boston a blind man with blind assistants edits and publishes the only newspaper for the blind in the Western Hemisphere. It circulates all over the world, and thousands sit in physical darkness with their fingers on its pages and "read" what is going on in the affairs and minds of men. It brings light into their darkness, and they see more clearly than many persons who have physical sight.

Even so the blind man by the wayside could not see Jesus passing by, but through the eyes of the spirit he "saw" the Christ and cried out in faith,

"Lord, that I may receive my sight."

A skeptic might say that the man was only

taking a chance on this reputed healer, hoping that somehow or other he might be helped. But Jesus, with His divine perception, saw faith in the blind man. "Receive thy sight: thy faith hath made thee whole," He said. Both handicapped and healer saw beyond the range of human vision by the aid of the "master light."

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What do we see when we look about us with our physical eyes? We see evidences of all sorts of trouble—illness, infirmity, selfishness. Also we see evidences of health and enterprise and altruism. We see trees lifting graceful branches toward the sky and others broken and scarred and twisted. We see freshly painted houses surrounded by beds of flowers and others dilapidated and ugly and overgrown with weeds. We see smooth highways and rutted, bumpy roads. We see faces marked by pain and dissipation, and we see faces glowing with vitality and cheer. We judge by what we see through the outer eye with its limited vision.

But there is within us a master light, the Christ mind, the penetrating eye of the spirit, that sees steadily and whole, that sees with singleness of vision.

It is only with the inner eye that we see the broad, unbounded expanse of Truth, with all things in true perspective. Whoever we are and whatever our condition we are given the power to see all the way and to say with Helen Keller: "The word of God came unto me

Sitting alone among the multitudes;

And my blind eyes were touched with light And there was laid upon my lips a flame of fire. I laugh and shout, for life is good."

It is often true that the inner eye sees most clearly when we sit in a darkened room with our physical eyes closed. As we go into our closet and shut the door the Father, who sees in secret, opens our eyes to His vision. When we are able to become truly quiet and undisturbed by the multitude of physical sights the master light shines clearly. Then we are lighted along the whole way.

When we see by the aid of the master light we have come to the place where nothing can really hurt or harm us. We have come to the mountaintop, where the view is limitless and lovely. Problems will continue to arise and there will be obstructions of anxiety and pain and discouragement to our view. But always through and beyond we shall see by the light of God's truth the healing heart of the eternal.

The hurts that come from stumbling in the dark are wiped away when we come into the light. Through the unclouded eyes of spirit we see the perfect Christ nature in all men. As Spirit lights

the inner eye we see clearly beyond the limited, distorted range of the outer eye. We know the externals for what they are, fleeting and substanceless as shadows. By the Christ light within we see reality.

We read of a human Jesus in the gospel stories, and in our mind's eye we see the man moving about in His Galilean homeland, teaching and healing. We listen to His words. We fix our thoughts on Him, and suddenly, or it may be gradually, the clouded vision clears, and with Browning's Saul we "see the Christ stand."

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The Christ in us, the self that is the real part of us, responds to the Christ in Him, and then we see God the loving Father as He saw Him.

We see Jesus transfigured, and we too climb the mount and are transfigured. The range of human vision may contract or expand, but the vision of the inner eye is clear and limitless. We see all men as brothers, all races as linked, all children as of one Father.

"The light which lighteth every man" is within us, within each and every one of us. By refusing to be unduly influenced by the appearances our physical eyes see, and by relying on what our spiritual vision beholds we cause the radiance of that light to suffuse our whole being. Then we in turn become lights revealing the way to others.

## I Had Forgotten

#### **ROWENA CHENEY**

I had forgotten what I should remember— Forgotten that "in him we live, and move, And have our being." Then a word was spoken, And joy came flooding back again to prove

The light still there. Forever brightly burning Beyond the shadowland of puerile fear, It shines steadfast, enduring, and unchanging, Symbol of all the seeking heart holds dear.

I had forgotten what I now remember

As I give thanks for eyes that see at last

And ears that hear. The doubts and fears are
banished,

The darkness gone, the futile struggle past.

Now may I seek and knock and ask, believing, Finding fulfillment for my every need, Rejoicing in the faith that does not falter, The promise of the flower within the seed! GOD IS IN ME, AND ALL THINGS ARE POSSIBLE TO GOD; THEREFORE I CANNOT FAIL.

HARLES FILLMORE said: "It is your mission to express all that you can imagine God to be. Let this be your standard of achievement . . . If you imagine that it is possible to God, it is also possible to you. . . . let none belittle himself or dwarf the Supreme by trying to annul it."

I believe that all things are possible to God. If I am in need of healing, I remember that God is health, that God is wholeness, that God is perfection. I am made in His image and after His likeness; therefore health and wholeness and perfection are possible to me.

I keep before me the idea that with God all things are possible. I make this my standard of achievement.

I do not dwarf the Supreme in me by dwelling on my shortcomings or limitations or seeming imperfections. I realize that God in me is allpowerful, and I make it my mission in life to express more and more of all that I believe Him to be.

<sup>•</sup> With men this is impossible; but with God all things are possible.—MATT. 19:26.

## DIVINE WISDOM GUIDES ME IN PATHS OF TRUE PROSPERITY AND LIMITLESS SUCCESS.

YOU HAVE access to the wisdom of God to guide you in paths of prosperity and success. If you feel that you are not as prosperous as you should like to be perhaps you need to give more thought to the principle of prosperity. God is the source of your supply, and this supply comes to you first in the form of ideas.

Some persons believe that all they need to do is to pray and riches will fall into their lap without any further effort. Sometimes the answer to prayer comes so quickly that this almost seems to be the case, but the truth is that the riches of God are always revealed to us through ideas that we

may act upon.

When a seed is planted in the earth the power of God in nature nurtures and develops it, but man works too to help quicken its growth and development by weeding, watering, and cultivating it. So it is with us in our need for prosperity. God plants the seed of an idea in our mind; our part is to cultivate it.

Arise and be doing, and Jehovah be with thee.—I CHRON. 22:16.

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I AM FOREVER SET FREE FROM THE LIMITING IDEA THAT ANYONE HAS THE POWER TO HURT OR INJURE ME IN ANY WAY.

RE YOU afraid that someone is trying to injure you by telling some untruth about you or spreading some bit of harmful gossip? If you refuse to accept any negation in your consciousness as belonging to you, a child of God, it can in no wise hurt you.

Perhaps the first impulse you have upon learning of some negation directed your way is to retaliate by saying something harmful or injurious yourself. But this only adds to the chain of ill will.

If someone should offer you a package and you refused to accept it, the package would naturally belong to the person who offered it to you.

You have just as much power and right to refuse to accept ideas about yourself that do not belong to you. If negation of any kind is directed toward you you can mentally say, "I do not accept this." By rejecting it completely from your consciousness you nullify its power and effect in your life.

Love your enemies, and do them good . . . and your reward shall be great.—LUKE 6:35.

#### MOMENT BY MOMENT THIS DAY I WILL WALK IN THE AWARENESS OF GOD'S PRESENCE.

HIS DAY I will walk in the presence of God. I will keep my thoughts steadily but gently focused on His radiant presence within me. Even when my mind and hands are actively busy with the duties of the day, still I will keep aware of Him.

When I set forth on a journey the loving Presence that goes with me and guides me on my way is also awaiting my arrival at my destination. God is here, God is there, God is everywhere, and His healing love touches every place at once.

When fears and doubts assail my mind I will say: "No! God is in me and around me, and I trust in Him." If differences arise between another person and myself I will not let it blot out my remembrance of God's presence in him, but I will love the Christ in him.

With one of the great mystics of all time let us say: "Nothing is as close to me as God. He is nearer to me than I am to myself. His presence is my being."

Dne God and Father of all, who is over all.-EPH. 4:6.

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## Thursday

I HAVE FAITH IN GOD, AND I KNOW THAT HE IS WITH ALL HIS CHILDREN.

OES YOUR heart yearn to help some loved one in need? Do your thoughts go out in compassion to those who suffer from their own mistakes? Do you wish you could do something to help bring about peace and harmony in the world?

You can help your loved one. You can help all people everywhere who are in need. You can contribute toward peace in the world. Whoever you are, wherever you are, you can help.

The way is simply to keep your faith in God steadfast and to pray constantly in quiet trust. Your prayers are the most effective instrument for doing good. By praying you come into a realization of the presence of God, and you know that He is with all His children.

Your faith will help to awaken and strengthen faith in your loved one and in strangers. It will help the whole world by adding to the sum total of good will among men. Though you may not stir from your own corner, you can help all mankind.

\* Ye are the light of the world.-MATT. 5:14.

## I AM IN CHRIST, AND I WALK IN NEWNESS

I DO NOT LOOK back on the past or seek to look into the future. I know that I am in Christ and that all things are now made new. I do not condemn myself for my past mistakes, but I know that every day is a new beginning for me, an opportunity to do better than I have done before. I bless every seeming obstacle in my way as an opportunity to exalt the Christ, to rise up in understanding and faith.

This very minute, in newness of life, I realize God's presence in me and in my life and affairs.

In newness of life I know that now is the time to give thanks to God for all the blessings that are mine.

I know that now, this minute, Christ in me is new life, new hope, new peace. As I stand centered and poised in Him my life is blessed with new harmony and order.

Now, this minute, I walk in newness of life. Behold, all things are made new for me!

\* Wherefore if any man is in Christ, he is a new creature: the old things are passed away; behold, they are become new.—II Cor. 5:17.

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GOD IS BLESSING ME WITH THE WISDOM AND FREEDOM OF SPIRIT, AND I AM DIRECTED IN RIGHT PATHS.

A S A CHILD of God I am endowed with all the wisdom I need to guide me in right ways. God gives me freedom of choice, but His Spirit within me guides me every moment as I trust in Him.

I have the courage I need to make decisions. I have the love I need to act in ways that will insure that only good will come to me and to others. I have the wisdom I need to know how to proceed every step of the way.

I let go of all condemnation of myself and of other persons. I let go of all sense of frustration and worry. I make room for my good by closing the door on unhappy thoughts and memories and by opening the door to happiness and good experiences.

I see the importance to my own happiness and freedom of giving other persons the privilege of making their own decisions; for I know that even as I can rely on God's Spirit within myself for guidance, so can they.

\* Then shall thy light rise in darkness.—ISA. 58:9.

## Sunday

MAY 8

TODAY I THANK GOD FOR HIS GREAT GIFT OF LIFE.

IVING THANKS is a healing act. As I acknowledge my gratitude for life, for every blessing that is mine, I feel renewed in mind and body. Life is God's supreme gift. In prayer and thanksgiving I strengthen my contact with God and new life pours in to revitalize every part of my mind and body.

As I recognize God's presence in all persons and all things my environment is harmonized and blessed. I see God in all and through all, and I

know that where God is good is.

I give thanks today for my ability to pour the healing life of God out into the world. Through my hand God can touch and heal a feverish child. Through my voice God can still and harmonize an angry dispute. Every word I write or speak, every touch of my hand, every act of service to man, woman, or child becomes a blessing as I maintain a deep consciousness of the presence of God. God gave me life; He gives me life continually; and I give it forth freely.

<sup>\*</sup> Thanks be to God for his unspeakable gift.—II Cor. 9:15.

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# Monday

THE LOVE AND KINDNESS OF GOD'S CHILDREN TO ME MAKE ME AWARE OF HIS PRESENCE.

HE LITTLE incidents of daily life continually testify to my Father's presence. I see Him in the smiles of my co-workers as they greet me in the morning. I detect Him in the warm affection of relatives and friends. I find His name written in earth and sky.

God is in the letter that comes from a friend. God is in the cheerful voice on the telephone, in the milkman's good-humored comment on the weather, in the neighborhood grocer's friendly wave from his window. God is in the voice of the bird on the telephone wire overhead.

I behold God everywhere, in everyone. I feel His loving, comforting, healing presence within me. I see manifestations of His eternal presence on every hand. I praise Him from the depth of my soul for His everlasting goodness.

I see all creation as an expression of God's love and the love and kindness of God's children to me.

<sup>\*</sup> The proof of your faith . . . may be found unto praise and glory and honor at the revelation of Jesus Christ: whom not having seen ye love; on whom . . . believing, ye rejoice.—I Pet. 1:7, 8.

Tuesday

MAY 10

THIS DAY I AM POISED AND CENTERED IN THE DEEP SERENITY OF MY INDWELLING CHRIST CONSCIOUSNESS.

A THE beginning of this new day, I turn my full attention toward the Christ presence within me.

When plans and thoughts about the day's activities begin to crowd into my mind I gently close the mental door and say, "Be still." When fears and doubts would grip my heart I whisper peace to myself until each slightest ripple of inharmonious feeling is dissolved.

At noontime I pause again to renew myself in His harmonizing presence. I relax the tension of mind and body as I listen to His words within my heart, "Be still, and know that I am God." And when I feel this stillness to my very finger tips I bring it forth into my world with me, and all my work is blessed.

Then at eveningtime, when I am ready to retire, I let go of all the cares and petty things that I have gathered through the day and give myself to God's presence. His love assures me that all is well.

<sup>€</sup> Come unto me . . . and I will give you rest.—MATT. 11:28.

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# Wednesday

THE CHRIST SPIRIT OF LOVE AND UNDER-STANDING SEEKS AND FINDS EXPRESSION THROUGH ME.

HE CHRIST Spirit is the very life at the center of your being. As you let it take full possession of you by affirming its directing power your thoughts are guided and the light of Spirit shines through your eyes.

The Christ Spirit finds expression in your every mannerism, habit, and word. Under its leading you become compassionate and loving in all your associations with other persons. You radiate confidence and enthusiasm and good cheer.

Yielding yourself to the Christ Spirit, you are no longer worried about anything. You are released and free. Your true, divine nature is in charge, and you can trust it completely. In word, look, and act you convey confidence to others.

As you constantly practice thinking thoughts of love and cheer you are filled with happiness and your expression of happiness makes others happy. You testify continually to the Christ within.

<sup>\*</sup> The fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, meekness, self-control; against such there is no law.—GAL. 5:22.



They said I would not reach the crest
When first I left the road
And started up the tallest hill
With such a heavy load
Of dreams and plans to carry through.
They said I'd stumble down,
That I would be discouraged and
Come limping back to town.

But oh, they could not see the faith
That flamed within my heart,
The boundless power that gave me wings,
The knowledge that was part
Of every breath of air I breathed
That I could climb this hill
As long as I held this belief
And trusted in God's will.

I have not reached the top, but I
Come closer day by day.
There is no burden in the load
I carry on my way;
For faith still guides my footsteps,
Still flames with steady glow,
A light that leads me upward
To victory, I know!

## Thursday

I HAVE FAITH IN GOD'S LOVE TO CREATE JUSTICE IN MY LIFE.

HE OUTER appearance of a situation often does not reveal the truth about it. This is why it is so important not to judge by appearances, not to cast blame, not to feel unjustly treated. This is why it is so important in claiming justice to turn away from the appearance of a situation to look Godward. This is why it is so important to trust the adjusting power of God's love.

God's love is perpetually active in the lives of His children to create justice. Faith in the active, accomplishing love frees a person from tension and anxiety so that he can view a situation without bias or prejudice. He is able to see why another person may have acted in what seems to be an unjust way. He is able to see what his part is to bring about understanding, harmony, and justice.

When a person has faith in God's love to create justice he is not impatient or worried as he waits for the appearance of justice. He endures the wait-

ing period in peace and confidence.

♣ By faith he forsook Egypt, not fearing the wrath of the king: for he endured, as seeing him who is invisible. —HEB. 11:27.

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#### GOD IS MY COUNSELOR AND MY COMFORTER, AN EVER-PRESENT HELP IN TIME OF NEED.

HEN DIFFICULT experiences and griefs come, as they sometimes do, help and comfort will be yours if you will believe this eternal truth: God is your own loving Father, with you always, able to do all things for you, healer, comforter, restorer, counselor.

In happiness or in sorrow, in sunshine or in rain, God never changes. He never goes away. His power never alters. His love never leaves. All

of God is always yours.

God heals your hurts. He clears up confusion. He opens a way when all doors seem blocked. He comforts in time of grief. He is good beyond all earthly goodness you have ever known. He is goodness itself.

God is with you, you who are reading these words right now. His power and strength are ready to lift you and heal you and give you rest and peace. Be of good cheer; you are safe in the Father's care. He is your counselor and your comforter, an ever-present help in time of need.

Jehovah will keep thy going out and thy coming in.

—PSALMS 121:8.

#### I DO NOT STRAIN ANXIOUSLY FOR RESULTS, BUT I TRUST IN GOD AND LEAVE ALL IN HIS CARE.

HEN WE are too anxious about results and impatient because they do not manifest themselves more quickly in our life, it is often this very state of mind that prevents our good from coming forth. In order to be healed we must keep our thoughts on God, not on the difficulty, on God in the midst of us, not hopefully on the future. As we keep our faith centered in Him the outer adjustment will take care of itself.

No matter what the situation that confronts us, we need only pray for perfect peace of mind and body and for a feeling of good will toward every living soul. When we are thus filled with a great sense of divine peace and love the healing currents of life within us are instantly and powerfully set free to do their perfect work of restoration.

The very good we desire is now within us, awaiting our recognition, and its manifestation is not a matter of time but rather of the degree of our awareness.

<sup>\*</sup> Rest in Jehovah, and wait patiently for him.—PSALMS 37:7.

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THROUGH PRAYER MY ENTIRE LIFE IS CHANGED, AND I AM PEACEFUL, HARMONI-OUS, AND LOVING.

PRAYER IS the key that unlocks the door to a rich, full, and satisfying life. Therefore I do not hesitate to turn to God in prayer. I find that as I live, move, and have my being in Him greater peace is mine and more harmony and love are radiated in through me to bless all who come within the radius of my life.

If I am experiencing family difficulties and inharmony seems present in my life, I know that the way of overcoming is through prayer. Diligent, believing, understanding prayer exercised and used establishes harmonious conditions.

By believing that all things are possible with God, by believing wholeheartedly in the power and strength of prayer I can overcome.

Prayer is creative. Prayer can exert such a positive influence in my life that I can retain my peace of mind at all times and become the loving, harmonious person God wants me to be.

**<sup>♣</sup>** I am not alone, because the Father is with me. These things have I spoken unto you, that in me ye may have peace.—JOHN 16:32, 33.

#### I AM ETERNALLY YOUNG THROUGH MY CON-SCIOUSNESS OF NEW LIFE IN CHRIST.

HINK NEW ideas. Renew your mind by thinking new thoughts. Live in the consciousness that Christ is in you, eternally the source of life and vigor and youth.

Freshen your life by entering each moment into newer phases of life. Fulfill your innate desire to enter into a new world with new viewpoints and new associations. Live, move, and have your being in the new. See your friends in the new light. Each time you see them, see them in the life of the new.

Christ in you is new life and energy. Christ in you is new power and strength. Christ in you is new faith and hope. Christ in you is expressed in your body as a new body temple. The renewing power rests with you and you can demand of it more and more according to your desire to renew and regenerate yourself. Catch the vision of the new and live in it! Know that you are eternally young in Christ!

Be renewed in the spirit of your mind, and put on the new man, that after God hath been created in righteousness and holiness of truth.—Eph. 4:23, 24.

## AS I SEEK TO LOVE AS GOD LOVES MY HEART IS FORGIVING.

As I SEEK to love as God loves I feel no need to defend myself against the words and deeds of others. I know that the love I express will make me secure in my own good. I am understanding and forgiving.

As I seek to love as God loves I admit the right of another to express himself according to his own light. I withhold judgment and give forgiveness.

As I seek to love as God loves I accept criticism understandingly. I take to myself that which is merited and forget that which is not. I know that much enlightenment is gained through the suggestions and criticism of others. I am receptive to all that is helpful and enlightening.

As I seek to love as God loves I am selfforgiving. I know that the capacity to love divinely is developed step by step. I am patient with myself; I am forgiving and understanding with myself.

<sup>\*</sup> Put on therefore, as God's elect, holy and beloved, a heart of compassion, kindness, lowliness, meekness, longsuffering; forbearing one another, and forgiving each other.—Col. 3:12, 13.

# Wednesday

MY LIFE IS A CONTINUOUS OVERCOMING THROUGH THE POWER OF THE CHRIST SPIRIT IN ME.

FORTIFIED by the assurance that God, your loving Father, is your help in every need, you are able to surmount every obstacle confronting you in daily life. You are able to face every eventuality without fear or concern, for the Christ Spirit tells you that God is your wisdom and strength.

This assurance comes when you refuse to permit worry or anxiety or fear to dwell in your mind. When you speak the positive words "I am strong, I am wise, I am victorious through the Christ within" you are speaking the real truth, whatever appearances may be, and you are bringing it into manifestation.

The inexhaustible supply of all good is available to you. Victory over all conditions and circumstances is God's free gift to you. Believe and take. You will be able to say joyously with Christ, "I have overcome the world."

Your life is a continuous overcoming through the power of the Christ Spirit in you.

<sup>■</sup> We are more than conquerors.—Rom. 8:37.

IN EVERY SITUATION THAT CONFRONTS ME
I TRUST THE WISDOM OF GOD TO ILLUMINE
MY WAY.

O YOU HAVE a situation in your life that does not seem to resolve itself, no matter how much thought you give to it? Have you racked your brain for an answer until you are weary and discouraged? If so, calm yourself now and rejoice, for where you yourself have failed to find the way the Spirit of God in you will succeed.

First and foremost relax completely and let go of all anxiety by turning your attention to the all-knowing Christ wisdom within you. This wisdom knows all things. It has the perfect answer to every question. It knows your need even before you ask, and when you place your trust in it, never fearing but only expecting to be guided, the perfect ideas you need and the strength to carry them out will come to you at just the right moment.

No matter what the difficulty or perplexity, leave it and yourself in the Father's hands, and He who is your shepherd will guide you into peace, and you shall never want.

Li will give you a mouth and wisdom, which all your adversaries shall not be able to withstand.—Luke 21:15.

I HAVE FAITH IN GOD'S OMNISCIENT LIGHT AS THE SOURCE OF MY GUIDANCE, AND I AM LED ARIGHT.—UNITY ILLUMINATION THOUGHT.

TET US REJOICE anew in the truth that God our Father is all wisdom and all knowledge. In Him we live, and in Him is the way that we are to follow in reaching the high calling that is ours in the divine plan of our life.

God's message to us is always "Go forward." We are to go forward under His guidance. He has set the light of His Spirit within us to illumine the way for us unfailingly. Its radiance is like a bright beacon shedding its rays upon the path before us.

Today God bids us affirm our faith in His omniscient light as the source of our guidance and go forward as He directs us to go. Calmly, confidently we accept His guidance, and steadfastly we walk in the light of His Spirit.

In perfect faith and confidence we go forward to the sun-tipped heights in whose glory we be-

hold ourselves as sons of God.

Light shall shine out of darkness, who shined in our hearts, to give the light of the knowledge of the glory of God.—II Cor. 4:6.

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# Saturday

I HAVE FAITH IN GOD'S OMNIPRESENT SUB-STANCE AS THE SOURCE OF MY PROSPERITY, AND I AM ENRICHED.—UNITY PROSPERITY THOUGHT.

HE TRUTH that God is substance is the basis of the teaching that He is the source of our prosperity. For according to the measure of our faith in God as substance and the works that we do in consequence of our faith, we are enriched.

God is the creator and He is also the sustainer of His creation. He is the supply that enables it not only to exist but to increase and grow.

We are children of God dwelling in the earth; that is, we are spiritual beings abiding in a physical world. But we should never lose sight of the truth that we are Spirit and that all the manifest world about us is essentially Spirit substance, amenable to spiritual law.

The omnipresent substance of God is at our command. It becomes manifest for us as by our works we prove our faith in Him and in His substance.

<sup>★</sup> Already are ye filled, already ye are become rich. —I Cor. 4:8.

## Sunday

I HAVE FAITH IN GOD'S OMNIPOTENT LOVE AS THE SOURCE OF MY HEALTH, AND I AM MADE WHOLE.—UNITY HEALING THOUGHT.

F VEN AS God's omniscient light is the source of our guidance and God's omnipresent substance is the source of our prosperity, so God's omnipotent love is the source of our health.

The apostle Paul recognized the supreme power of love when he said, "Now abideth faith, hope, love, these three, and the greatest of these is love."

God created us out of Himself as the spiritual expression of His perfection, and He loves us with an abiding, sustaining love that is pure and unchanging. Moment by moment His love is poured out upon us, vitalizing, energizing, and healing us. His love lifts us up, renews and restores us.

Open your mind and heart now to the inflow of God's mighty love. Affirm your faith in His love and know that it is now powerfully at work in every part of your being to make you whole.

Bless Jehovah, O my soul . . . Who healeth all thy diseases . . .

Who crowneth thee with lovingkindness and tender mercies.

-PSALMS 103:2, 3, 4.

GOD'S LAW OF ADJUSTMENT REGULATES ALL THE AFFAIRS OF MY LIFE, AND ALL THINGS ARE IN DIVINE ORDER.

OD'S LAW of adjustment does not operate apart from us but through us in regulating the affairs of our life.

When it seems to us that there is a lack of order in our life, when we are faced with seemingly difficult experiences we may wonder how we may bring order out of chaos, how we may be able to come through victoriously. If we had only our human selves to rely on, if there was no greater wisdom or light or understanding possible to us than what we have acquired through experience the way would seem dark indeed. But regardless of how we may think of ourselves, we are spiritual beings, we are one with God's light and power and wisdom. When we realize this, when we let go of human doubts and fears and let our spiritual self rise up we find that we are more than equal to the experiences of our life. God's law of adjustment works through us to bless and to set in order all the affairs of our life.

Walk not after the flesh, but after the Spirit.—Rom. 8:4.

## Tuesday

IN GOD THERE IS NO ILLNESS, NO LACK, NO LIMITATION, NO RESTRICTION. I AM THE FREE PERSON GOD CREATED.

IN MY TRUE nature, my spiritual nature, I have all the resources necessary for healthy, happy, successful living. I have unrestricted life, compassionate love, deeply discerning wisdom.

As I grow in comprehension of my spiritual nature I am freed from every thought or feeling that is not conducive to health and happiness.

I am not bound by any bodily condition.

I am not bound by circumstances.

I am not bound by fears or repressions.

I am not bound by the undeveloped perception or the undeveloped understanding of any other person.

I am not bound by false doctrines or old ideas.

God created me free. God created me out of Himself. In Him there is no illness, no lack, no limitation, no restriction. No matter what things seem to be, I am the free person God created. This is the person I shall be in expression.

And God created man in his own image. . . . And God saw everything that he had made, and, behold, it was very good.—GEN. 1:27, 31.

I AM STRONG IN THE LORD AND IN THE POWER OF HIS MIGHT. I AM CONFIDENT THAT HIS SPIRIT WORKS IN ME, THROUGH ME, AND FOR ME TO ESTABLISH ME IN HEALTH AND PERFECTION.

My faith in God's presence and power within me, my realization that I am His child, that His will for me is health and wholeness is a source of strength and power and healing.

Wherever I am, whatever my need, God's Spirit works in me, through me, and for me to establish me in health and perfection. God's Spirit is the very life of my body; it glows in every cell; it is the strength of every muscle, the perfection of every part. God's Spirit is not only the life within me; it is the healing life that is all about me. As I breathe I can think of myself as breathing the very life of God. As I eat I can think of myself as partaking of the very substance of God.

My consciousness of God's presence permeates my environment, and all things about me contribute to my sense of peace and well-being.

The exceeding greatness of his power to us-ward who believe, according to that working of the strength of his might.—Eph. 1:19.

# Thursday

DIVINE SPIRIT WORKING WITHIN ME MAKES MY LIFE RICHER AND FULLER DAY BY DAY.

PIRIT, WHICH is the very life in me, holds me in the presence of good, and I behold good everywhere. I think optimistic, constructive thoughts of courage and hope. I speak positive words of faith. I give Spirit room to work within, and my life develops and expands.

I feel a surer faith strengthening me for every task and circumstance. A deeper love for everyone rises within me. My heart takes in all mankind as it takes in the loving Father of all. Compassion and tenderness and yearning to be of help to

others fill me.

A wonderful happiness, deeper than any pleasure of the senses, overflows within me from my consciousness of the presence of God. The joy of Christ is given to me and my joy is made full.

I am at rest and at peace, and I know that God lives within me and all is well. In sureness of

faith I declare it.

\* For I am persuaded, that neither death, nor life... nor height, nor depth, nor any other creature, shall be able to separate us from the love of God, which is in Christ Jesus our Lord.—ROM. 8:38. e

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be in RISING OUT OF FEAR OF PERSONS AND THINGS, I AM ESTABLISHED IN THE COURAGE AND FEARLESSNESS OF GOD WITHIN ME.

o you fear others? Do you give external things and situations power to make you unhappy? Do you fear that persons and things will bring about your mental or physical discomfort? If you do, then you need to know the truth. You need to realize that you are free from fear of external things; you are established in the courage of God within you.

Those who are in fear do not have the consciousness of God in the midst of them, God fearless and courageous, God enduring against all opposition. Turning to God, they turn from the belief that things of the external life have any power over them. When they realize that God alone is powerful, they become courageous in this consciousness.

Man's true estate is one in which he rules his world through courage. God within him reigns supreme. He is fearless because God is without fear. He is courageous because the presence of God fills him with courage.

<sup>\*</sup> Neither fear ye the people of the land . . . Jehovah is with us: fear them not.—Num. 14:9.

## Saturday

BECAUSE LOVE IS THE FULFILLING OF THE LAW I SEEK UNDER ALL CIRCUMSTANCES TO THINK, SPEAK, AND ACT LOVINGLY.

and desires of a person's heart rather than in terms of what he says and does. Love teaches me that no matter what a person says or does his heart is seeking love and understanding. Love reveals that even when a heart is filled with malice and resentment, with fear and resistance, its true need, its true desire is for love and understanding. Love helps me to see every person in this light.

Because I am loving I withhold judgment or condemnation. Because I am loving I give understanding and kindness, no matter what the situ-

ation may be.

The love of God expressing itself through me does not seek reward or recognition. I do not reserve loving-kindness only for those who are able to recognize and appreciate its value.

I let God's love be expressed through me toward all persons. I do not deem some persons

worthy and others unworthy.

Love is the fulfillment of the law.—Rom. 13:10.

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Sunday

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I GIVE THANKS THAT GOD HAS CREATED BEAUTY AND PLACED IT ALL ABOUT ME.

HERE IS no day so drab but there is some beauty in it. There is the beauty of nature, the beauty of character, the beauty of things that man has made—who can say how many kinds of beauty are all about us?

There is the beauty of abundance on every hand. There are fertile fields thickly carpeted with growing grain. There is the beauty of the abounding energy of children playing. There is the beauty of the cool breeze at evening.

There is the splendor of long, smooth highways connecting towns and cities everywhere, the streamlined beauty of machine and vehicle. There is the beauty of music filling the air and available to millions by the turn of a dial.

There is beauty in the smile of a friend, in the

voice of a stranger.

God has filled the world with beauty, and no matter how knotty the problem at hand, no matter how grave the situation before us, we can find a sense of peace and strength in God's gift of beauty.

He hath made everything beautiful in its time. -ECCLES. 3:11.

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MAY 31

THE RESURRECTING, PURIFYING POWER OF CHRIST IS NOW ACTIVELY AT WORK THROUGHOUT MY WHOLE BEING.

bit discouraged in your spiritual ongoing, for the loving Spirit of God is within you and will never for a single moment leave or forsake you. God never turns away from you because of any seeming weakness, inadequacy, or failure, but His love is with you to help you overcome every difficulty that you desire to overcome. God is not available just to saints and those who never deviate from the path of Truth, but He is available to everyone who turns within to Him in faith.

No matter who you are or what you think of yourself, you are a beloved child of God. When you stumble in the darkness of your own fears, doubts, and vain imaginings He does not coldly stand by. As your most loving friend He sends forth His light to illumine your way. When you fall He does not condemn or chastise; His love rushes to lift you up on your feet, heal your wounds, and encourage you to keep on.

<sup>♣</sup> The Son of man came to seek and . . . save.—Luke 19:10.

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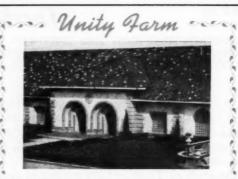
REALIZING THAT GOD HAS ENDOWED ME WITH EVERY POWER I NEED TO BUILD A HAPPY, SUCCESSFUL LIFE, MY MIND IS AT PEACE.

Everyone wants peace of mind. Everyone seeks peace of mind. But a mind that is uncertain of its ability to cope with the experiences of life cannot be at peace. It feels anxious, disturbed, unhappy.

The study of Truth and the practice of prayer bring the knowledge that frees and fortifies the mind. The study of Truth and the practice of prayer bring the assurance that every mind has been endowed with the power to cope successfully and triumphantly with any experience life may bring.

No mind can be anxious when it knows it is intelligent enough to discriminate and to evaluate wisely. No mind can be disturbed when it knows that the nature of life is to fulfill, not to deprive. No mind can be unhappy when it knows that it has a divine purpose, when it knows that it has unlimited capacity to accomplish that purpose.

<sup>€</sup> In bim ye are made full.—Col. 2:10.



At Unity Farm recently a party of visitors was viewing the new buildings and the construction work. At the beautiful entrance to the printing building one of the visitors remarked, "Stucco, trimmed with stone!"

"No," replied Rick Fillmore, "there is only one piece of stone in that building, the round piece just over the center of the doorway with the word 'Unity' carved on it. The rest is concrete stained to match that piece."

W. Rickert (Rick) Fillmore, manager of Unity Farm, is developing a new precasting process that is revolutionary in building operations. Concrete sections are cast for walls, floors, and other parts of the building. These concrete sections are treated in many ways, according to their position and use. Some of the interior wall sections are being covered with plastic enamel that will last indefinitely, thus cutting the maintenance cost considerably.

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What appears to be a piece of beautiful tiling is actually "dressed-up" concrete. The cost is small, the material durable, the effect rich indeed. Precast concrete blocks are used for outside trimming and are made to look like stone, even to the "worm-eaten" effect, which is gained just by tossing bits of mud on the form before the concrete is poured, and then washing it out afterward.

It is in this manner that the new office building on Unity Farm is being constructed. As soon as this building is completed, Unity headquarters will leave 917 Tracy, Kansas City, Missouri, its location for over 42 years, and move to beautiful Unity Farm. It is hoped that the move can be made in 1949.

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The ever-enlarging Unity work evidencing urgent need for larger quarters is not the work of one person or of a few persons; it is the work of the millions who during the past sixty years have affiliated themselves with the ministry begun by Charles and Myrtle Fillmore and who have helped to increase the power of the healing word by reading the Unity literature and passing the word of hope and comfort on to others.

To each of you who has helped, who is now helping, and who will continue to help us in our ministry of Truth with your prayers, your loving thoughts, and your offerings and manifest expressions of good will, we say: "God bless you everyone, and may you receive abundantly of His joy, peace, and plenty."

UNITY SCHOOL OF CHRISTIANITY

#### God Can Heal Your Financial Affairs

Do you readily accept God's promise of healing for your body yet hesitate to ask for the healing of your financial affairs?

The truth is that God as your loving, all-providing Fathe is just as willing to prosper you as He is to give you radian health. But the healing of your finances as well as any othe form of healing must come through your consciousness. One you attain the consciousness of God as the supply of your every need and ask in faith, your good comes forth; you demonstrate according to your consciousness.

To help them attain a consciousness of God as their supply, thousands of Unity students practice the Prosperity Bank drill They send for a Bank and each day repeat the prayer drill that accompanies it.

If you should like to try the Prosperity Bank plan you are invited to send for a Bank. If you wish you may order DAIL! WORD for friends at the time you request the Bank.

Unity School of Christianity, 917 Tracy, Kansas City 6, Mo.

Please send me a Prosperity Bank and enter a year's subscription for Daily Wei for each of the persons here named. I will save \$3 for the subscriptions, which an to begin at once. I ask the prayers of Silent Unity for my success.

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### Learn to Accept More of God's Abundance JOIN IN THE UNITY PROSPERITY PROGRAM

Prosperity

You are invited to join in the Unity Prosperity Program to be followed by Unity students everywhere during May and June. The purpose of the program is to instruct and encourage you and all other Unity folk to claim and accept more of God's abundance here and now.

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The Unity Prosperity Program is based on the book Prosperity, in which Charles Fillmore, cofounder of Unity, tells how to bring more prosperity into your affairs. To unify students during this program in their use of the book, Unity has prepared The Unity Prosperity Program, a free auxiliary booklet of study suggestions, affirmations, and Bible references.

### Why Neglect Your Abundance?

You as a child of God are heir to His abundance. Why neglect it? During May and June when other Unity students are accepting more of God's abundance, you too can increase your good. All you need to do to join in the program is to send for the book *Prosperity (The Unity Prosperity Program* booklet included free) and spend some time every day in reading and meditating as Spirit directs.

The price of the book *Prosperity* is \$1 a copy. Order today from your local Unity center or by writing direct to

Unity School of Christianity, 917 Tracy, Kansas City 6, Mo.

(If you already have the book Prosperity, ask for your copy of the free booklet.)

### Spring

#### MARTHA SMOCK

Bare boughs with your bright flowers, First intimations of the spring,

Forgotten are the long, dark winter hours

In the beauty of your brave blossoming.

Bare heart, do not despair of spring,

Though long the night and dark the hours;

Life shall awaken you again and bring

Laughter and love more beautiful than flowers!

